

SPINAL NERVE

ORGANS & GLANDS

The organs and glands listed below are linked to the corresponding sections of the spine and it's spinal nerves.

ASSOCIATED SYMPTOMS

Please indicate below any symptoms you are currently experiencing as well as any you have previously experienced.

CERVICAL	THORACIC	LUMBAR	SACRAL	ORGANS & GLANDS		ASSOCIATED SYMPTOMS			
				CURRENT	PREVIOUS	CURRENT	PREVIOUS		
C1				Parotid Gland • Scalp Base of Skull • Eyes Lacrimal Gland • Sinuses Inner, Middle & Outer Ear Nose • Mouth Intracranial Blood Vessels Sympathetic Nervous System Neck Muscles • Diaphragm Shoulders • Elbows • Arms Wrists • Hands & Fingers Tonsils • Vocal Cords Esophagus • Heart Lungs • Chest • Thyroid		Sinus & Ear Pain/Infection Runny Nose & Allergies Frequent Head Colds Sore Throat & Tonsilitis Strep Throat Chronic Cough & Croup Difficulty Breathing Poor Immunity Dizziness & Vertigo Tinnitus & Ear Fullness Vision Problems Watery/Dry Eyes Chronic Fatigue Poor Concentration Depression			
C2									
C3									
C4									
C5									
C6									
C7									
C8									
	T1			Arms • Wrists Esophagus • Chest • Heart Lungs • Trachea • Larynx Diaphragm • Stomach Gallbladder • Liver Pancreas • Small Intestine Spleen • Kidneys • Appendix Adrenals • Colon • Buttocks Uterus • Ovaries • Testes		Asthma Bronchitis & Pneumonia Congestion Reflux & GERD Indigestion & Heartburn Stomach Pains Ulcers Gas & Bloating Jaundice Liver Conditions Blood Sugar Dysregulation			
	T2								
	T3								
	T4								
	T5								
	T6								
	T7								
	T8								
	T9								
	T10								
	T11								
	T12								
		L1		Large Intestine • Colon Thighs • Buttocks • Groin Knees • Legs • Feet Reproductive Organs		Irritable Bowel, Colitis, Crohn's Gas Pain & Constipation Diarrhea Hemorrhoids Bladder Infections Bladder Incontinence & Bedwetting Painful/Excessive Urination			
		L2							
		L3							
		L4							
		L5							
			S1	Buttocks • Groin • Legs Ankles • Feet • Toes Prostate Gland • Bladder Reproductive Organs		Varicose Veins Leg Cramping Restless Legs Poor Circulation & Cold Feet			
			S2						
			S3						
			S4						
			S5						